

Story Arc Worksheet

Map one character's line of change. If the only thing that changes is their circumstances, that is a plot, not an arc.

WHOSE ARC IS THIS?

Character

1. STARTING STANCE

What they believe

What that belief protects them from

How it shows in behaviour a scene, not a summary

2. THE PRESSURE (3-4 ESCALATING COSTS)

a.

b.

c.

d.

3. THE TURN

The scene where it breaks

What forces it

Does this land BEFORE the climax?

☐ Yes ☐ No

4. ENDING STANCE

What they now believe

What it cost them

Check: if the answer to “what changed?” is only “their circumstances,” this is a plot, not an arc. Find the belief that gets tested.